



The HeartCare Institute at Riverside Community Hospital presents:
4th Annual Red Dress Fashion Show & Brunch

“A Women’s *Heart* to *Heart* Talk”

Please join us for a Red Dress Fashion Show, champagne brunch and a “Heart to Heart Talk” on women’s heart health.

Our Board Certified physicians and dietician will discuss cardiovascular disease and the importance of healthy lifestyle choices, reducing the risk of heart disease and stroke.

Guest Speakers:

- Sabah Langston, M.D., OB/GYN
- Syed Bokhari, M.D., Cardiologist
- Sheila Clarke, RMC Dietician

Health Expo and Vendor Booths

- Free Massages and Pampering
- Health and Nutrition Education
- Cardiac Health Risk Screenings

Saturday, February 23, 2013

10:00 a.m. ~ 1:30 p.m.

Victoria Club

2521 Arroyo Drive, Riverside, CA 92506

11:30 a.m. Brunch & Physician Presentations

Registration Fee:

\$15 Early Bird
or \$20 at the door.

Come dressed in your favorite red attire to be entered in a special drawing!



***Space is limited!* Reserve your space now by calling: (951) 788-3463**